

CURRICULUM VITAE

Diane Huebert, M.C., R.Psychologist

EDUCATION

- 2015 – Integrated Body Psychotherapy (Certification in progress 3 years)
- 2015 – Somatic Experiencing (completed first year)
- 2010 - Registered Psychologist #3564; CAP Provisional 2007
- 2010 - Updated Philosophical Counselling, Graduate Certificate (six months)
- 2007 - Campus Alberta (University of Calgary/University of Lethbridge/ Athabasca University), Masters of Counselling
- 2002 - Integrative Body Psychotherapy Training – (one year)
- 2001 - Philosophical Counselling, Graduate Certificate (three years)
- 1997 - University of Calgary, Bachelor of Arts, Psychology
- 1995 - Alternative Health Studies, Graduate Certificate (two years)

Masters Final Project

The Collaborative Divorce Model in Context of the Divorce Process

Supervisor: A. Rodney Nurse, Ph.D.

Research Experience

2006 Research Assistant to Dr. Sandra Collins and Dr. Nancy Arthur for project marketing culture-infused counselling book and a project conducting social justice survey

Additional Training, Skills, and Awards

25 years experience within the legal community
20 years investigation into Psychology and Philosophy
Alberta Heritage Scholarship 2005
Hypnosis and meditation skill set
Improvisation Training - Loose Moose Theatre

COUNSELLING EXPERIENCE

2011–Present: Private Practitioner, Calgary, Alberta. Registered Psychologist.

Oct. ◦ Independent Practitioner – responsibilities as set out under Amundson & Associates. Office located at 4103D Centre Street N.W., Calgary, AB.

2007 – 2011: Amundson & Associates, Calgary, Alberta. Registered Psychologist.

May Sept. ◦ Calgary Police Services – EAP resource for Psychological intervention services assisting police officers, staff, and their families

- Alberta College of Social Workers (March 2011 to Dec 2012) – Provided intervention and ethics education to members requiring corrective action.
- General counselling practice - Integrative counselling approach with an emphasis on client strength and ability
- Individual/couples/families counselling for various issues including life transitions related to work and relationships
- Adult Assessment, parenting and divorce to assist the Court, families, and individuals with issues related to divorce/separation, includes reunification of alienated parent with child/children
- Psychological Assessments: Parenting Competency Assessments, Immigration (impact by return to country of origin) Assessment, and Bilateral Assessments – use of various psychological instruments including:

Millon Clinical Multiaxial Inventory-III (MCMI-III), Quickview Social History, Minnesota Multiphasic Personality Inventory-2 (MMPI-2), 16 PF (Fifth Edition), Behavior Assessment System for Children, Second Edition (BASC-2), Parenting Stress Index (PSI)

2007 – Present: Employee Assistance Program – Agencies: Ceridan Lifeworks, Health Canada, Shepellfgi, Longpre, and Homewood Human Solutions

- Brief Counselling services supplied to military and civilian employees, individuals, couples, and families on issues related to general concerns i.e., depression/anxiety/life transitions/work conflict and stress management
- Work Assist Cases addressing mental health issues (Bipolar Disorder, PTSD, Borderline Personality Disorder, Clinical Depression), as well as addressing workplace conflict and challenges through a longer term intervention and support strategy; utilizing motivational interviewing, conflict intervention, stress reduction, and communication skills development; oriented toward successful return to work
- Substance abuse assessment using SUDDS-IV, MMCI, and MMPI-2(RF), treatment planning, plan implementation support, and aftercare focused toward successful return to work. Services provided to individuals in safety sensitive positions within the oil&gas and other industries.
- EAP services provided for persons in high-risk positions, including the military, oil industry (rig workers, heavy equipment operators), Calgary Health Region (nursing staff), Calgary Transit Emergency Operators, and aircraft pilots

Alberta Family Justice Services, Calgary, Alberta. Registered Psychologist.

- Brief Conflict Intervention - working with high-conflict divorced/separated couples to resolve conflict, with a focus on ensuring children's best interests; includes preparation of written reports to Court

2007 - 2013 Eastside Family Centre, Calgary, Alberta. Registered Psychologist.

- Providing single session counselling services to individuals, couples, and families for a variety of concerns ranging from transitional issues to and including mental health challenges
- Crisis intervention and suicide intervention

2008 – 2011 Woods Homes Programs, Calgary, Alberta. Registered Psychologist.

Sept May

- Clinical (Ecological) Assessment Reports of children/youth to assist with long-term placement for Capital Hill and Stabilization Programs - Collaborative Team Involvement – Presented assessment results at team meetings, which included School Principals, mental health practitioners, Woods Homes team members, and child/youth evaluated
- Provided Employee Assistance Counselling for Woods Employees through brief session, strength-based, solution-focused counselling

2005 - 2006 Calgary Counselling Centre, Calgary, Alberta.

- Worked with broad range of client concerns, including depression, pain management, self-esteem, brain injury, and trauma
- Reflecting Team Member - You're Not Alone Group for women recovering from domestic violence

2001 - 2003 Home-based Private Practice, Calgary, Alberta. Philosophical Counsellor.

- Worked with issues regarding personal growth and development
 - Life transitions - relationship issues
- 1996 - 1998 Calgary Counselling Centre, Calgary, Alberta.
- Children of Divorce - Workshop Co-Facilitator
 - Reflecting Team Member - You're Not Alone for women recovering from domestic violence
 - Intake Worker - Interviewing new clients to determine presenting concern and need for service; conducted on telephone and in-person
- 1995 - 1996 Children's Cottage, Calgary, Alberta.
- Daycare Worker (volunteer) for children 6 months to 8½ years of age
- 1992 - 1993 Planned Parenthood Alberta, Calgary, Alberta.
- Education Committee - Creating educational programs for public regarding sexuality and human reproduction issues

PROFESSIONAL DEVELOPMENT

- 2015- **Integrative Body Psychotherapy** – First year of three-year program through Patricia
2017 Quigley, CSW, and Shannon Zaychuk, Ph.D., R.Psych.
- 2015 **Somatic Experiencing, Beginning 1, Completed** – Offered through Turtle Tracks Counselling Ltd. On behalf of Somatic Experiencing Trauma Institute based on the work of Dr. Peter Levine; First year of three-year program.
- 2015 **Trauma Care Training** – Facilitated by Rachel Toledano, Ph.D., Clinical Psychologist, on behalf of Homewood Health.
- 2015 **Substance Abuse Expert (SAE): Advanced Interviewing Techniques** – Facilitated by Dr. Brendan Adams, M.D., F.C.B.O.M., A.B.A.M. on behalf of Homewood Health.
- 2015 **How Our Early Years Become Our Later Years** – Facilitated by Dr. Shannon Zaychuk.
- 2014 **Rethinking Trauma Webinar Series 2014** – Presenting work by S. Porges, Ph.D., S. Fisher, MA, Bessel van der Kolk, MD, P. Levine, Ph.D., and presented through The National Institute for the Clinical Application of Behavioral Medicine.
- 2014 **Psychotherapy, Spirituality and the Soul (October)** – Facilitated by Thomas Moore, Ph.D. through New England Educational Institute.
- 2014 **Fundamental Concepts of Jungian Psychology** – Facilitated by Judith Slimmon through the Calgary Jung Society.
- 2014 **Psychotherapy, Spirituality and the Soul (July)** – Facilitated by Thomas Moore, Ph.D. through New England Educational Institute.

- 2014 **Practical Strategies for Managing Dissociative Symptoms** – Facilitated by Assen Alladin, Ph.D.
- 2014 **Working with a Substance Abuse Client (2 hour e-learning module)** – Continuing Education through Shepell.fgi
- 2014 **Overview of Substance Use and Dependence Impacts to Employees in the Workplace (3 hour e-learning module)** – Continuing Education through Shepell.fgi
- 2013 **Overview of Motivational Interviewing as used in Brief Interventions (SBIRT – 3 hours)** – Facilitated by Alan Lyme, MSW, ICADC, ICCS – Substance use and abuse.
- 2013 **Guide to Screening, Brief Intervention, and Referral to Treatment (SBIRT): An Introduction to Screening** – Presented by Tracy L. McPherson, Ph.D., and Leigh Fischer, MPH – Substance use and abuse.
- 2013 **The Re-Definition of Self Process** – A hypnosis based protocol for trauma resolution – Presented by Marie A. Wilson, M.D.
- 2013 **Hypnosis & Pain Management: A Neuroscientific Approach** – Presented by Alex Chisholm
- 2013 **Recent Developments in Management of Anxiety: A Neuroplastic Approach** – Presented by Assen Alladin, Ph.D., R.Psych.
- 2012 **Substance Abuse 6-Hour Training Course** – Presented by Natashya Sherbot-Stronach, Ph.D., R.Psychologist.
- 2012 **Inherited Family Trauma: Diagnosis and Resolution in Individual Sessions** – Presented by Mark Worlynn and Shannon Zaychuk, Ph.D.
- 2012 **Royal Road to Self-Regulation: Practical Applications and Why They Are Justified** – Canadian Federation of Clinical Hypnosis Presented by Jon Amundson, Ph.D.
- 2011 **Family Systems Inherited Family Trauma Workshop** – Presented by Shannon Zaychuk, Ph.D. and Mark Wolynn.
- 2011 **Mental Health Intervention with Separated/Divorcing Families: Understanding Queen’s Bench Family Law Practice Note 7 Use of Independent Parenting Experts** – Presented by Dr. Stephen Carter and the Honourable Madam Justice Andrea Moen
- 2011 **Welcome Back Pluto: The Psychology of Families with Alienated and Estranged Children and the Principles, Procedures and Ethical Considerations of Effective Help** – Presented by Dr. Richard Warshak.
- 2010 **Parenting Coordination and Arbitration Training, Module II** – Presented by Judge Michael Porter.

- 2010 **Parenting Coordination and Arbitration Training, Module I** – Presented by Judge Michael Porter.
- 2010 **Putting the Wheels on the DSM-IV: Personality Disorders, Level II** – Presented by Michael Zwiers, M.Ed., Ph.D., R.Psych.
- 2010 **Putting the Wheels on the DSM-IV: Using the DSM-IV as a Diagnostic Tool** - Presented by Michael Zwiers, M.Ed., Ph.D., R.Psych.
- 2010 **Love and Bonding in Couples Therapy: New Advances in the Practice of Emotionally Focused Therapy** - Presented by Dr. Sue Johnson.
- 2009 **Level 1 - Bridging the Couple Chasm, Gottman Couples Therapy: A New Research-Based Approach** - Presented by Dr. Bagdevi Meunier, Psy.D.
- 2009 **Parenting Capacity Assessments in Child Protection Matters** - Three week online course presented by Peter Choate, MSW, RSW (Clinical)
- 2009 **Intermediate/Advanced Hypnosis Workshop Creativity, Innovation & "FUN" in Clinical Hypnosis** - Presented by Dr. Jon Amundson.
- 2009 **The Art and Science of Couples Therapy: The Gottman Model** - Presented by Dr. Vagdevi Meunier, Psy.D.
- 2008 **Introductory Workshop for Hypnosis Training and Certification**
- 2008 **Association of Family and Conciliation Courts, Annual Conference.**
Attended:
- Attachment in Child Custody
- Divorce and the Adolescent
- Advanced Issues in Psychology, Parts I and II
- Representing the Best Interests of the Children
- Handling Clients with Borderline Personality Disorder
- 2008 **Suicide Intervention Training: Two-Day Workshop**; Presented by Woods Homes.
- 2007 **Pathways to a Good Divorce: The Children's Perspective**; with Constance Ahrons, Ph.D.
- 2006 **Targeting Trauma: Treating Complex Psychological Trauma - PTSD, Borderline Personality, and Beyond**; with Dr. John Biere.
- 2006 **When Push Comes to Shove: Contemporary Research, Assessment, and Treatment Innovations for Partner Abuse**; with Dr. David Wexler.
- 2006 **Collaborative Divorce: A Family-Centered Interdisciplinary Approach**; with A. Rodney Nurse, Ph.D., Peggy Thompson, Ph.D., Lisa Schneider, and Pauline Tesler, JD.

- 2006 **A Transtheoretical Model Approach to Domestic Violence Treatment;** with S. Levesque, Ph.D.
- 2006 **Diagnosing and Understanding Attention Deficit Disorder,** presented by the Calgary Counselling Centre.
- 2006 **Court Preparation Workshop,** presented by Alberta Justice Court Services.
- 2005 **Family Systems Approach;** with L. J. Snyder, Director of Education and Training at Calgary Counselling Centre.
- 2005 **Couples Counselling;** with Robbie Babbins-Wagner, Ph.D. at Calgary Counselling Centre.
- 2005 **Counselling Same Sex Partners;** presented by Calgary Counselling Centre.
- 2005 **Working with Clients Dealing with an Eating Disorder, Parts I, II, and III;** Kristy Miller, BA, BSW, MSW, RSW.
- 2005 **Family Violence Training;** with Chris Berry, presented by Calgary Counselling Centre.
- 2005 **Depression and Anxiety;** with Patrick Keelan, Ph.D., presented by Calgary Counselling Centre.
- 2005 **Suicide Intervention Training;** presented by Calgary Counselling Centre.

PROFESSIONAL ORGANIZATIONS

- College of Alberta Psychologists
- Psychological Association of Alberta
- Canadian Psychological Association
- American Psychological Association
- The Calgary Jung Society